

## GET UP TO DATE!

Two highly experienced professionals whose expertise ranges across the clinical, academic, research, and policy fields present these practical seminars.

They are designed to provide straightforward, quick, and comprehensive information about the latest information and evidence, and practical advice to put it into action.

## WHO

management • human resources • occupational health • clinicians • health & safety reps • case managers • lawyers • insurers • ergonomists • commissioners • trade unionists • claims handlers • rehab providers ... the information is of use to all

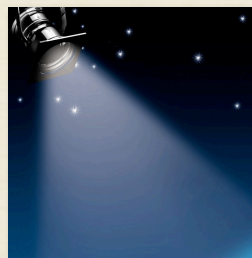
## WHAT

Choose to

- attend a group seminar in your region, where you can meet others
- host a seminar for your company

## WHY

Helping people with health problems stay at work, and get back into work, is a social and commercial imperative – we can't afford not to.....



### About us - we have

- developed and researched information for employers, clinicians and patients
- provided policy advice to government departments, insurers, and professional groups
- conducted clinical and medico-legal assessments
- developed funding policies
- developed clinical practice guidelines
- conducted evidence reviews and primary research in occupational health
- innovated psychosocial 'yellow flags' and occupational 'blue flags'
- devised stay-at-work and return-to-work policies

### Management of work problems

- mental health (anxiety, depression, stress)
- musculoskeletal disorders and pain problems
- injury and case management
- vocational rehabilitation
- absence and disability management
- work and health
- ergonomics

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## TACKLING HEALTH PROBLEMS AT WORK

### GET UP TO DATE!



### health & work seminars

- return-to-work
- stay-in-work

### making it happen



Kim Burton

Nick Kendall

www.kendallburton.com



*“Long-term worklessness is detrimental to health and well-being, so, helping people stay at work and return to work is imperative”*

### **Regional Seminar**

We set the venue. Held in major centres. Check the website or contact us for the latest schedule.

### **Individualised Seminar**

We come to you. Talk to us about your requirements. For example, you might choose specific topics for half-day or full-day seminars

### **Important Topics**

Return to Work (RTW) and Stay at Work (SAW)

Effective Healthcare for RTW

Effective RTW Strategies

Tackling psychosocial obstacles

Case Management

Practical Steps for Line Managers

Role of Ergonomics

# TACKLE HEALTH PROBLEMS AT WORK

**Get Up to Date!** Learn to tackle all types of common health problems at work. Attend a regional seminar, or arrange an individualised seminar at your company with a tailored package. Every participant receives a mix of didactic and interactive training, case examples, and a toolbox of practical problem-solving methods and techniques.

## **WORKPLACE**

Effective workplace management relies on communication and cooperation between all key players. This involves ways to identify, and strategies to manage, obstacles to staying at or returning to work. Learn to use evidence-based steps for the RTW process, including workplace accommodations, with confidence.

“... so useful to learn about what I could do to make the return to work process actually happen. It’s so frustrating to be at the mercy of others...”

*Line-manager*



*There are several important RTW Myths, that need busting*

## **HEALTHCARE**

Access to effective healthcare is important. This relies on identifying suitable work-focused providers, who deliver an efficient stepped-care approach matching appropriate level of care with individual need. Differentiate the need for ‘hands-on’ (passive) intervention from ‘coaching-style’ (active) intervention using information and advice.

“I always thought people would just get back to work once they had been given treatment”

*Senior Physiotherapist.*



*Returning to work is about more than just healthcare*

## **MAKING IT HAPPEN**

Use a tightly integrated approach to ensure ‘all players are onside’. Separate any concerns over how the problem came about, from what can be done to help the person return to productive activity. Learn about when to consider case management, the role of workplace modifications and transitional work arrangements.

“My confidence in dealing with GPs and other healthcare providers has increased so I can manage staff much better. Sickness absence has reduced”

*Human Resources manager*



*Integrating healthcare and the workplace really makes it happen.*